

Catherine Contour,  
Choreographer, artist-explorer

born in Paris, lives near Grenoble  
and works where chance encounters  
take her.

A graduate of the Paris École nationale supérieure des arts-décoratifs in scenography, and went on to train in contemporary dance in the boom of the 1980s in Paris and New York.

From dancing, her main anchor, she constantly explores the body, the gesture and ways to *establish relationships* by forging subtle links with places and environments. In 2008, she founded Maison Contour, a tailor-made, artisanal trademark of *site-specific pieces*. Her work has a strong research dimension, in close dialogue with artists and personalities from other fields and cultures, including Japan.

Since 2002, she has been passionate about the artistic and educational possibilities of the hypnotic technique. She designed *the hypnotic tool for creation* and the *Danser brut* choreographic practice, in collaboration with a team of artists and research professors in the Bain laboratory. From dance to gardens, from the art of the siesta to the tea ceremony, from photography to ceramics, from film to hypnosis, she transforms these experiences into objects or “rituals”, proposing a shift towards fantasy and the imaginary. Her pieces in various formats invent *new ways of inhabiting* in which choreographic forms and ways of coming together can be deployed, intensifying our presence in the world.